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NEW YEAR
Reading Comprehension
4TH & 5TH GRADE: 7 TEXTS

DIGITAL + PRINTABLE

New Year's Resolutions

You can use the next pages to have students plan and write their own New Year's resolutions. I have also provided two different templates to have the students record their New Year's resolutions on party hats for a bulletin board display.

Name _____ Date _____

What are **RESOLUTIONS?**

A resolution is a firm decision to do (or not do) something or to act a certain way. It can come in a lot of different forms. You might resolve to be a better friend, eat less junk food, or spend more time outside. Those are just a few of the endless possibilities.

Someone can make a resolution at any time, but resolutions often happen at the start of a new year. Why are New Year's resolutions such a popular thing to declare? It's for a couple of reasons, and they're pretty obvious when you think about it.

The New Year is the end of one year and the beginning of another. The calendar flips, and people think that it's also a good time to flip their behavior for the better. "Out with the old and in with the new" is a popular saying.

The natural world also cooperates with this line of thought in a symbolic way. In the Northern Hemisphere, the New Year comes shortly after the winter solstice. The winter solstice is the coldest and darkest time of the year. With the New Year, we're headed toward spring – the longer and warmer days where new life is blooming. There are new beginnings. What better time is there to make some promises to yourself to be better in one way or another?

New Year's resolutions are pretty popular. You've probably made one yourself! In fact, one study shows that more than 40% of people in the United States make New Year's resolutions. The most popular are to eat better, get in shape, learn a new skill, and save money.

Name _____ Date _____

HAPPY NEW YEAR!

What are your

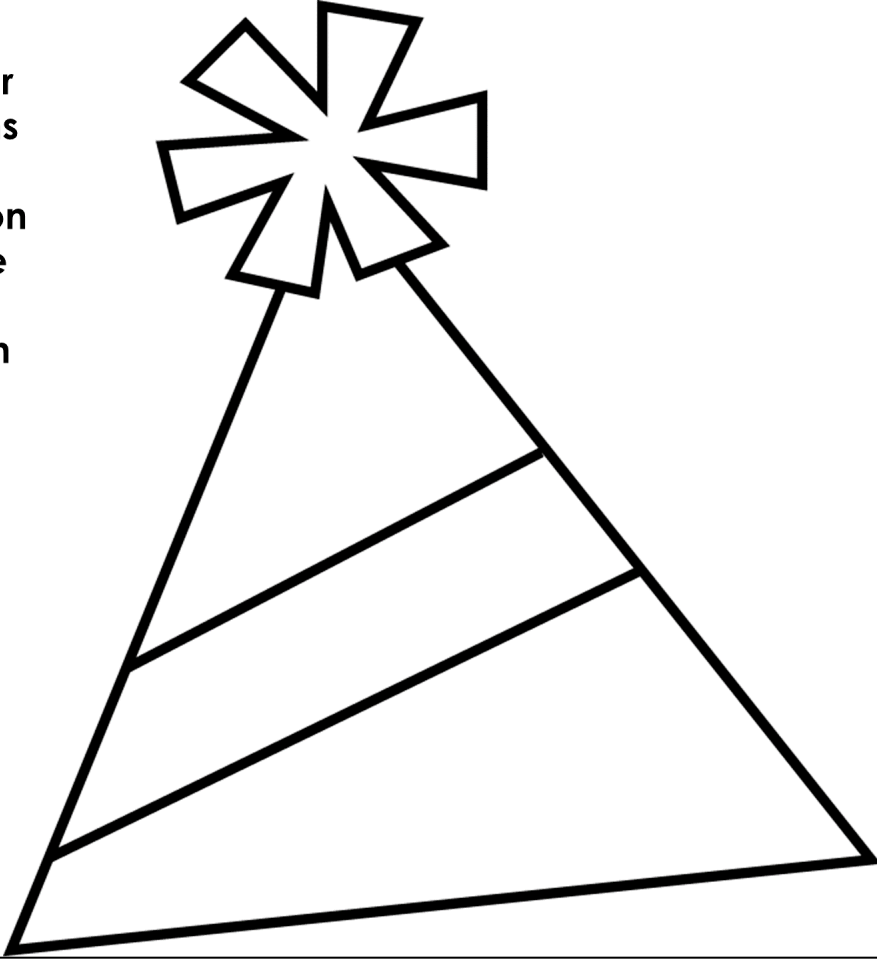
RESOLUTIONS?

School: _____

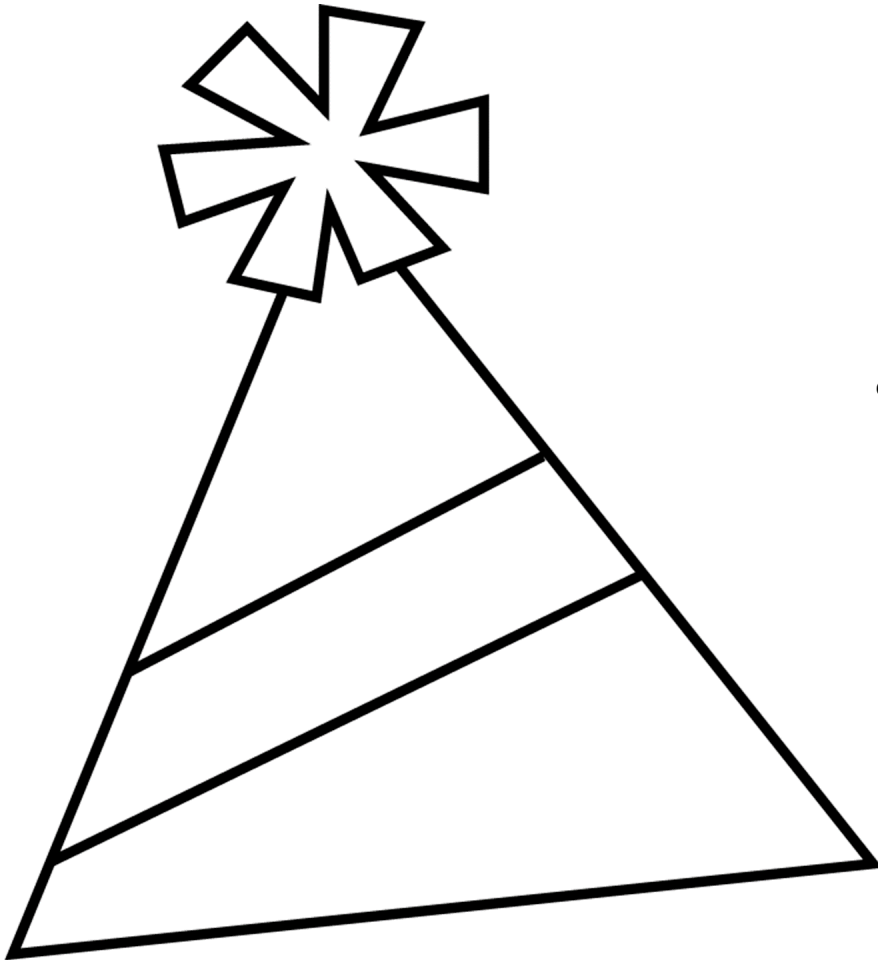
Family/Home: _____

Friends: _____

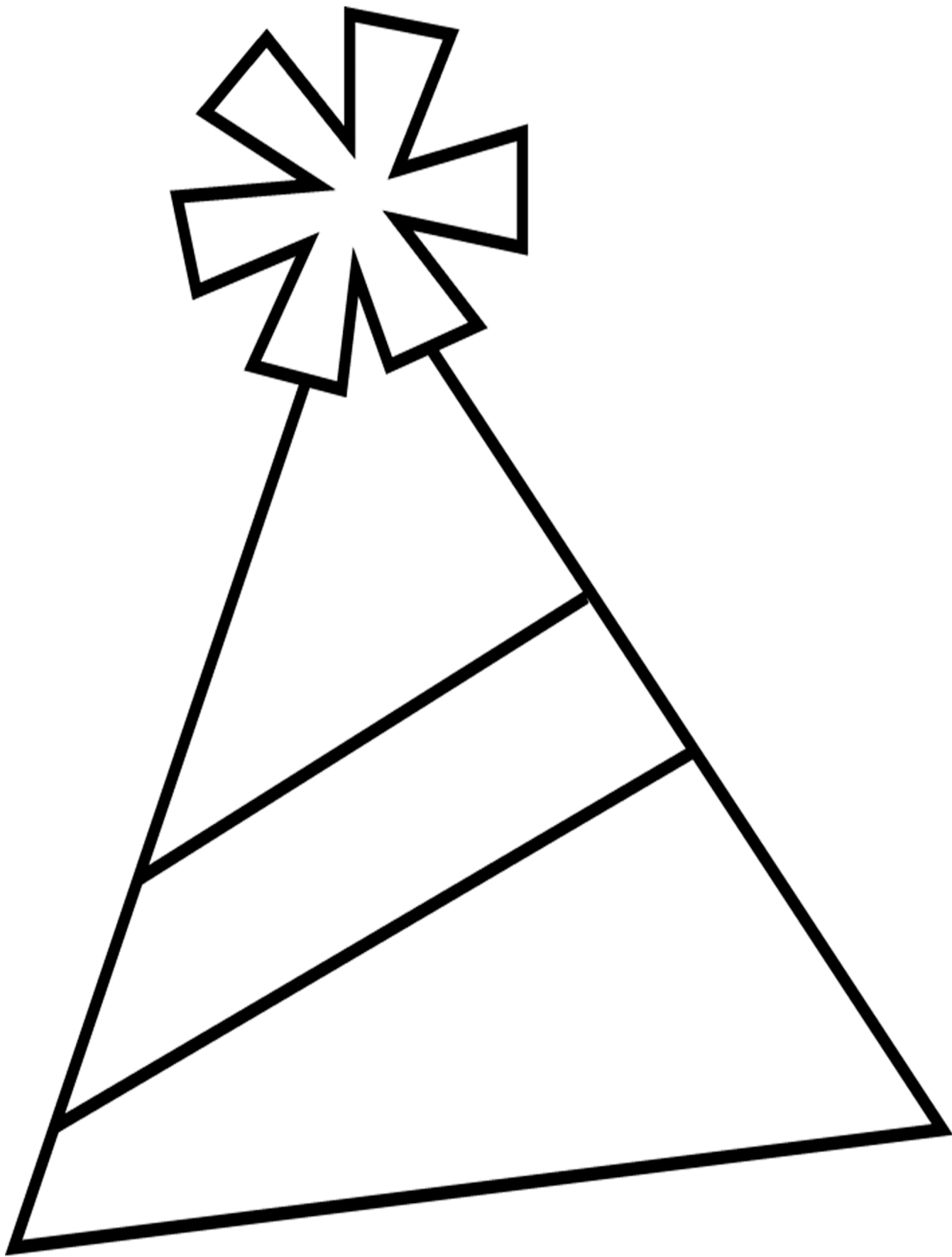
**Write your
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celebration
hat. Write
each
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different
section.**



**Write your
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hat. Write
each
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Write your resolutions on the celebration hat. Write each resolution on a different section.



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